

**July 27, 2023**  
**Northern Virginia Falls Prevention Alliance Meeting Minutes**

**Meeting began at 10:36am**

**Welcome/Introductions:** Sara welcomed Alliance members.

**Presentations:**

Rainie Ames, Ames Productions shared how The Saving Claire Falls Prevention Project came to be, how it can be shared with communities, and the positive impact it has had on older adults in many communities across the nation. Rainie answered questions about how to hold a viewing session, the time needed, and the potential panel make-up for the follow-on discussion.

**Grant Updates:**

Sara reiterated the goals of the new 2023-2027 grant will be focusing on reaching Black, Hispanic and low income populations with our falls prevention programs, SAIL and MOB. Although we will continue to support Otago inquiries, we did not include it in this grant. The geographic reach is mainly DC, Alexandria, Arlington, Fairfax, Loudoun and Prince William Counties, although we respond to inquiries from others outside the area. Falls Prevention Awareness Week is the third week of September and we have presentations scheduled for that week, as well as the viewing of Saving Claire. The Alliance is looking for a second outreach assistant.

**Alliance/other programs in 2023:**

The new website is getting closer to going live. Both MOB and SAIL trainings and annual updates are posted through the end of June of 2024. The Alliance newsletters and the Leader's Loop email blasts are available on the website, and we welcome submissions for both.

**Roundtable:**

Sara invited members to share how we can better support them in the community. Group members shared their current and upcoming events, programs and services being offered throughout the region.

The meeting adjourned at 11:29am.

Next Alliance meeting is scheduled for October 26, 2023, 10:30am to 12:30pm.

**Northern Virginia Falls Prevention Alliance**  
**July 27, 2023; 10:30 a.m. – 12:00 p.m. on Zoom**

Join Zoom Meeting:

<https://marymountuniversity.zoom.us/j/91890779440?pwd=RUFrZE5jRFFUOTIKMU0zUW1UaDdzZz09>

**Meeting Agenda**

- 10:30 – 10:35      Welcome
- 10:35 – 11:05      Presentation: Rainie Ames, Ames Productions  
The Saving Claire Falls Prevention Project
- 11:00– 11:30      Grant updates
- New ACL grant goals and objectives: 2023-2027
    - SAIL
    - MOB
    - Target populations: focus on Black, Hispanic and low income populations (sites, leaders and participants)
    - Geographic reach
    - Data collection efforts
    - Outreach efforts (FPAW activities being planned now!)
    - *Saving Claire* documentary
    - 2<sup>nd</sup> Outreach Assistant to be hired (in process)
    - Sustainability plan
- 11:30 – 11:40      Alliance/other programs in 2023
- Website (events, program listings, member links, resources)
  - Alliance and Leader's Loop Newsletters (ongoing submissions)
  - Remaining meeting in 2023: 10/26; 10:30 – 12:00 p.m.
- 11:40 – 12:00      Roundtable
- Member sharing, networking
  - Next steps
  - How can we better support you?
  - Adjourn

